

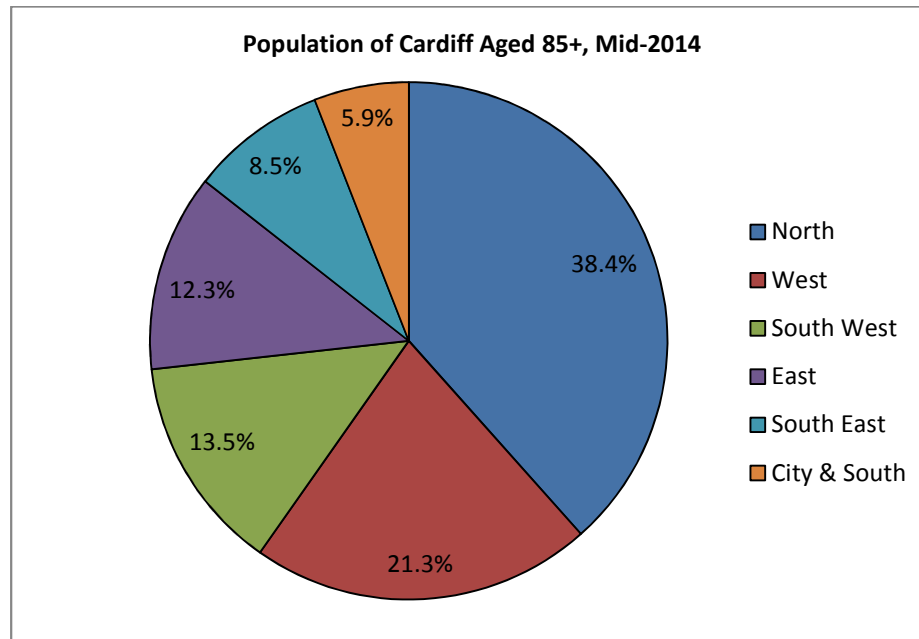
# Programme Intelligence Report

## Older People (Updated 9<sup>th</sup> June 2016)

### Older People Services: Support the Frail Elderly

#### Population Aged 85+, Mid-2014

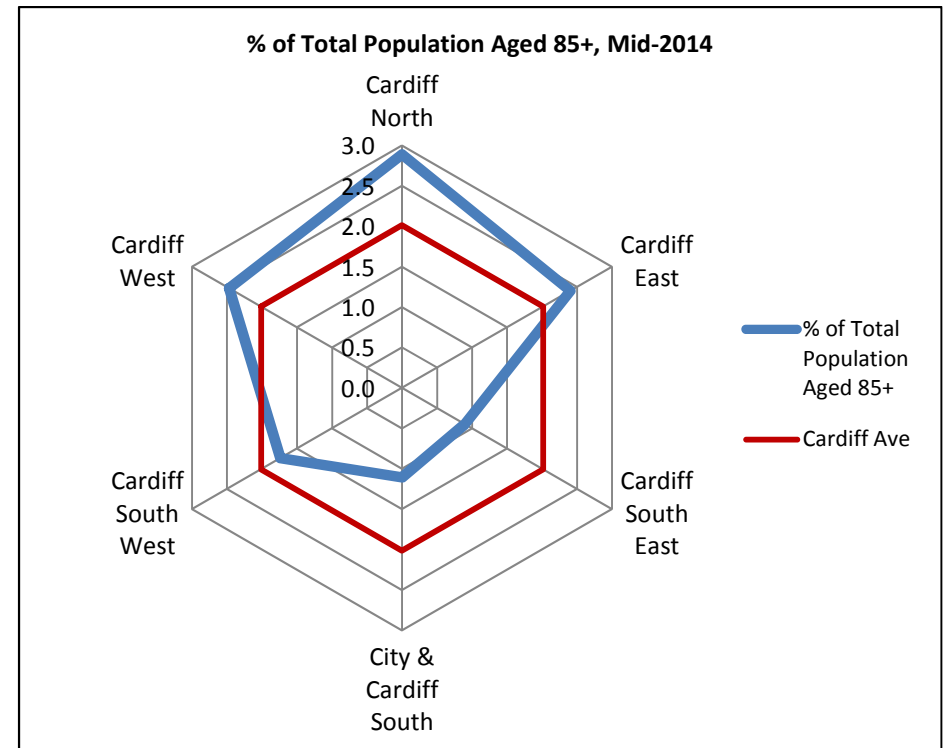
Figures from the 2014 mid-year population estimates show that there are 7,100 people living in Cardiff aged 85+<sup>1</sup>.



Source: 2014 Mid-Year Population Estimates, ONS

<sup>1</sup> Source: ONS. Cardiff population has been rounded to the nearest hundred. Percentages for all areas have been calculated using unrounded figures.

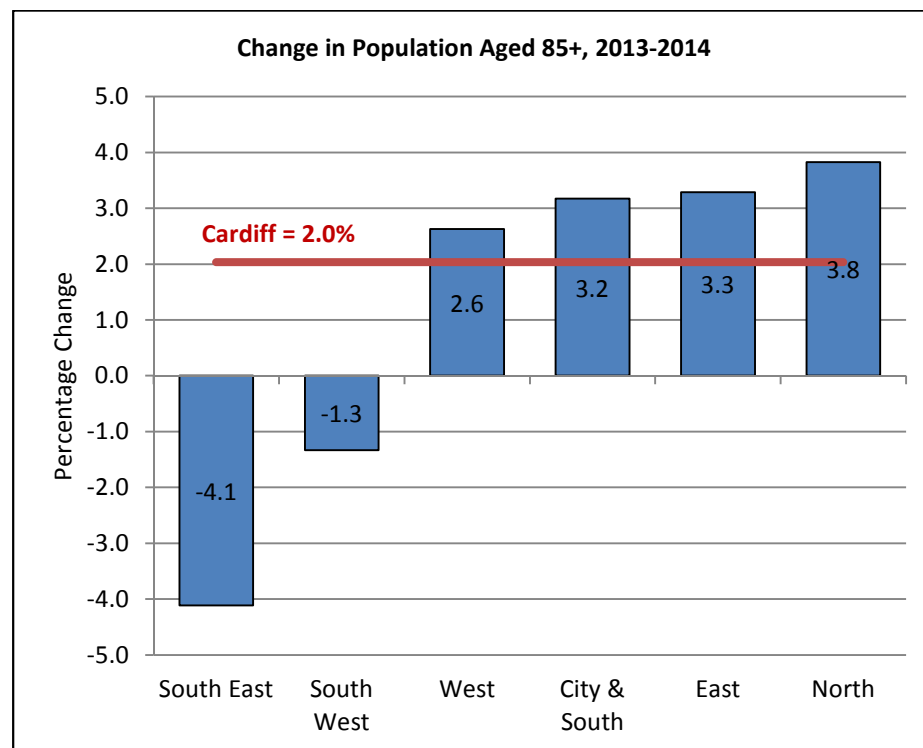
Almost two-fifths of these reside in Cardiff North (38.4%), while over a fifth are located in Cardiff West (21.3%), resulting in nearly three-fifths of those aged 85+ living in these two areas alone. In contrast, just 5.9% live in City & Cardiff South and 8.5% in Cardiff South East. The figures for Cardiff East and Cardiff South West are 12.3% and 13.5% respectively.



Source: 2014 Mid-Year Population Estimates, ONS

In Cardiff, 2.0% of the total population are aged 85+. However, this figure varies more than three-fold across the neighbourhood partnership areas from just 0.9% in Cardiff South East to 2.9% in Cardiff North. Cardiff East (2.4%) and Cardiff West (2.5%) also both exceed the proportion for Cardiff as a whole, whereas City & Cardiff South's (1.1%) is only around half the city average. The percentage share for Cardiff South West (1.7%), meanwhile, is slightly below the Cardiff figure.

### Change in Population Aged 85+, 2013-2014



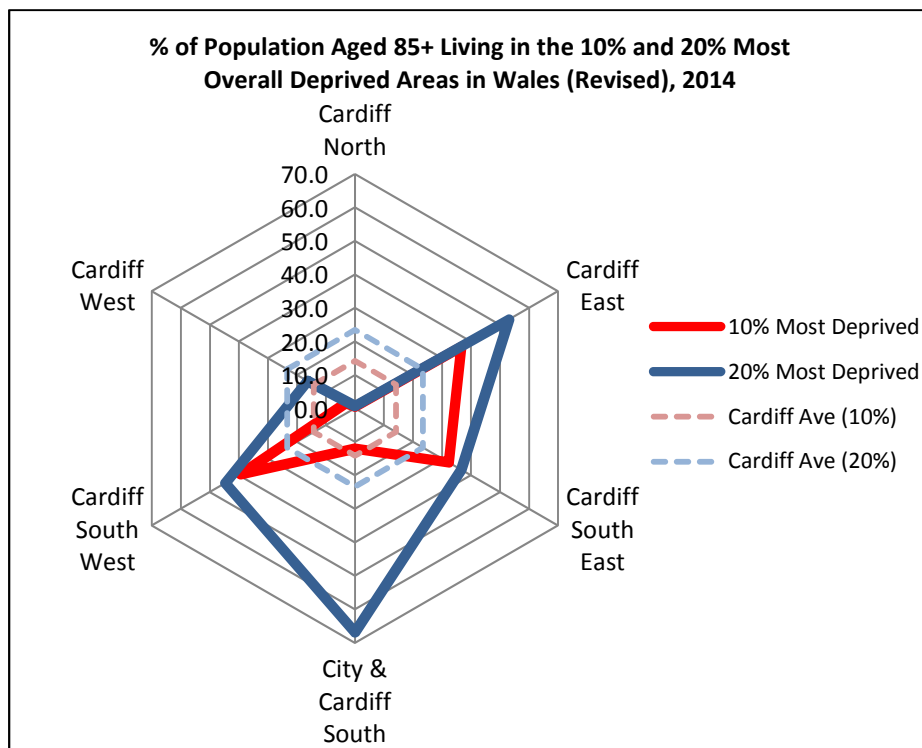
Source: 2013 & 2014 Mid-Year Population Estimates, ONS

The number of people aged 85+ in Cardiff increased by 2.0% between 2013 and 2014. However, once again there were large disparities across the city. Cardiff North (3.8%), Cardiff East (3.3%), City & Cardiff South (3.2%) and Cardiff West (2.6%) also saw increases, all of which exceeded the Cardiff rate of growth. However, in contrast, Cardiff South East (-4.1%) and Cardiff South West (-1.3%) both saw reductions.

### Welsh Index of Multiple Deprivation 2014: Overall Deprivation

The Welsh Index of Multiple Deprivation (WIMD) 2014, produced by the Welsh Government, is the official measure of relative deprivation for small areas in Wales. It contains eight separate domains (or kinds) of deprivation, as well as an Overall Composite Index. Wales is divided into 1,909 Lower-Layer Super Output Areas (LSOA) and deprivation ranks have been worked out for each of these areas: the most deprived LSOA is ranked 1, and the least deprived 1,909. One area has a higher deprivation rank than another if the proportion of people living there who are classed as deprived is higher.

In Cardiff, 14.2% of those aged 85+ (according to the 2014 mid-year population estimates) live in the 10% most overall deprived LSOAs in Wales (i.e. those ranked 1-191). However, this proportion varies greatly across the neighbourhood partnership areas. Almost two-fifths of the residents aged 85+ in both Cardiff South West (39.4%) and Cardiff East (36.7%), as well as around a third in Cardiff South East (32.3%), live in these most deprived areas; all of which are more than double the Cardiff average. In contrast, just 0.5% of Cardiff North's and 3.2% of Cardiff West's populations aged 85+ reside within these LSOAs. In City & Cardiff South this figure is 12.1%.



Source: WIMD 2014, Welsh Government / 2014 Mid-Year Population Estimates, ONS

When looking at those living within the 20% most overall deprived LSOAs in Wales (i.e. those ranked 1-382), it can be seen that almost a quarter (23.4%) of Cardiff's total population aged 85+ are located within these areas. The disparities across the city's neighbourhood partnership areas also become more apparent. Over two-thirds of those aged 85+ in City & Cardiff South (66.9%), and more than half of those in Cardiff East (53.1%), are based in these LSOAs. In addition, over two-fifths of residents aged 85+ in Cardiff South West (44.7%), and more than a third in Cardiff South East (36.6%) are found in these locations; all of which exceed the city average. In contrast, just 0.7% of Cardiff North's and 16.3% of

Cardiff West's residents aged 85+ live in the 20% most overall deprived areas; well below the figure for Cardiff as a whole.

## Welsh Health Survey, 2009-2012

The reported health status and health-related lifestyle of adults aged 65+ is available from the combined 2009 to 2012 Welsh Health Surveys. The figures for Cardiff compare favourably with Wales in terms of those with fair/poor general health, those limited at all by a health problem/disability, the physical component score, and the proportions that are overweight/obese.

However, in contrast, Wales outperforms Cardiff with regards to those currently being treated for any illness, those limited a lot by a health problem/disability, the proportion of smokers, and the physical activity indicators. The latter of these are of most concern within the local authority with just 13% of those aged 65+ undertaking physical activity on 5+ days and 60% having no active days, compared to the national averages of 16% and 57% respectively.

## Reported Health Status and Health-Related Lifestyle of Adults Aged 65+, 2009-12

	Cardiff	Wales
General health: fair / poor (%)	39	40
Currently being treated for: any illness (%)	84	82
Limited a lot by a health problem / disability (%)	38	36
Limited at all by a health problem / disability (%)	63	65
SF-36 Physical component summary score (mean) <sup>a</sup>	39.3	39.0
SF-36 Mental component summary score (mean) <sup>a</sup>	50.8	50.8
Smoker (%)	11	12
Consumption of alcohol: above guidelines (%) <sup>b</sup>	25	25
Consumption of alcohol: binge (%)	10	10
Consumption of fruit and vegetables: meets guidelines (%)	36	36
Exercise or physical activity: active on 5+ days (%) <sup>c</sup>	13	16
Exercise or physical activity: no active days (%)	60	57
Overweight or obese (%)	58	60
Obese (%)	18	20

Source: Welsh Health Survey 2009-2012

<sup>a</sup> Higher scores indicate better health or well-being

<sup>b</sup> Men drinking more than 4 units, women more than 3 units

<sup>c</sup> At least 30 minutes of physical activity

## Older People Indicators, 2012

In 2012 the Public Health Wales Observatory published a series of older people indicators for each of the seven health board areas<sup>2</sup>. The Cardiff and Vale University Health Board report included the following health status information on morbidity and mortality for the Cardiff local authority area.

### Health Status (Morbidity), 2008-2010

The proportion of persons aged 65+ being treated for selected conditions in Cardiff are very similar to the all-Wales figures. The only differences are for the heart condition and arthritis indicators, where the Cardiff percentage is slightly above that of Wales, and the mental illness category, where the local authority has the slightly lower figure.

### Welsh Health Survey results (observed) for selected conditions, persons aged 65+, 2008-10

Indicator	Cardiff	Wales
Currently treated for (%):		
High blood pressure	51	51
Heart condition	30	29
Respiratory condition	22	22
COPD (proxy)*	7	7
Mental illness	9	10
Arthritis	34	33
Diabetes	15	15

Produced by Public Health Wales Observatory, using Welsh Health Survey data (WG)

\* reports of currently being treated for emphysema and/or bronchitis is used as a proxy for COPD

<sup>2</sup> More information is available at

<http://www.wales.nhs.uk/sitesplus/922/page/61604>

## Health Status (Mortality), 2010

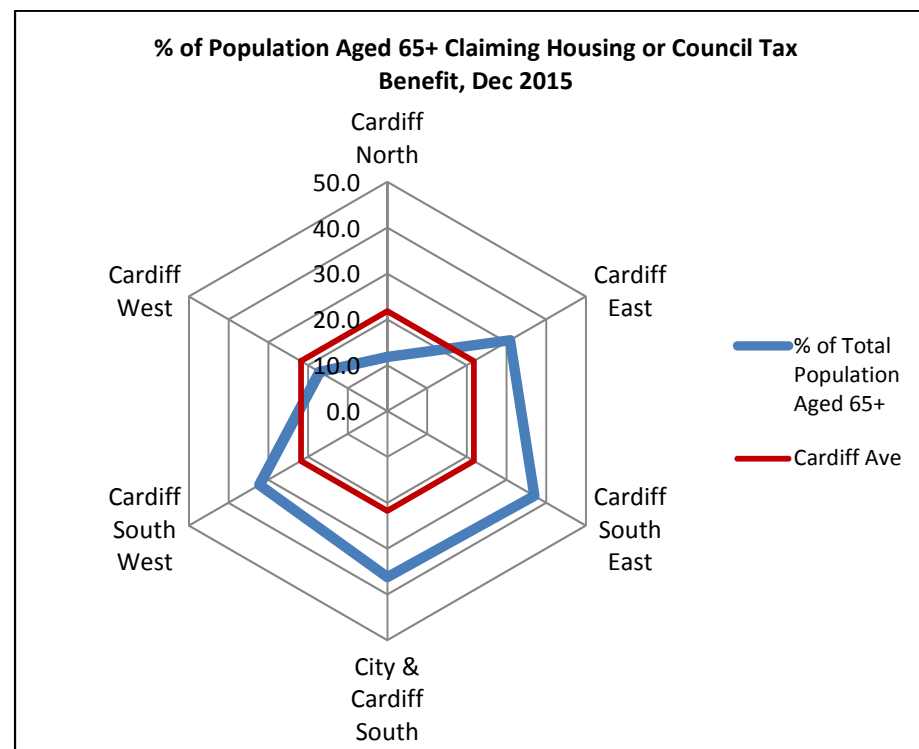
The all-cause crude death rate (per 100,000 population) of those aged 65+ for Cardiff (4,801) exceeds that of Wales (4,663). Similarly, in terms of the underlying cause of death, the all cancer, all respiratory diseases, and all injuries rates are also greater within the local authority. However, the rate for all circulatory diseases is higher in Wales than in Cardiff.

### Age-specific rates (per 100,000 population) for selected underlying causes of death, persons aged 65+, 2010

Underlying cause of death	Cardiff	Wales
All Causes	4,801	4,663
All Cancer	1,247	1,188
Breast Cancer	72	79
Lung Cancer	319	261
Digestive Cancer	395	353
All Circulatory Diseases	1,532	1,653
CVD	498	466
CHD	621	735
All Respiratory Diseases	755	714
COPD	228	253
All Injuries	116	97
Falls	51	42

Produced by Public Health Wales Observatory, using ADDE & MYE (ONS)

## Housing & Council Tax Benefit Claimants Aged 65+, December 2015

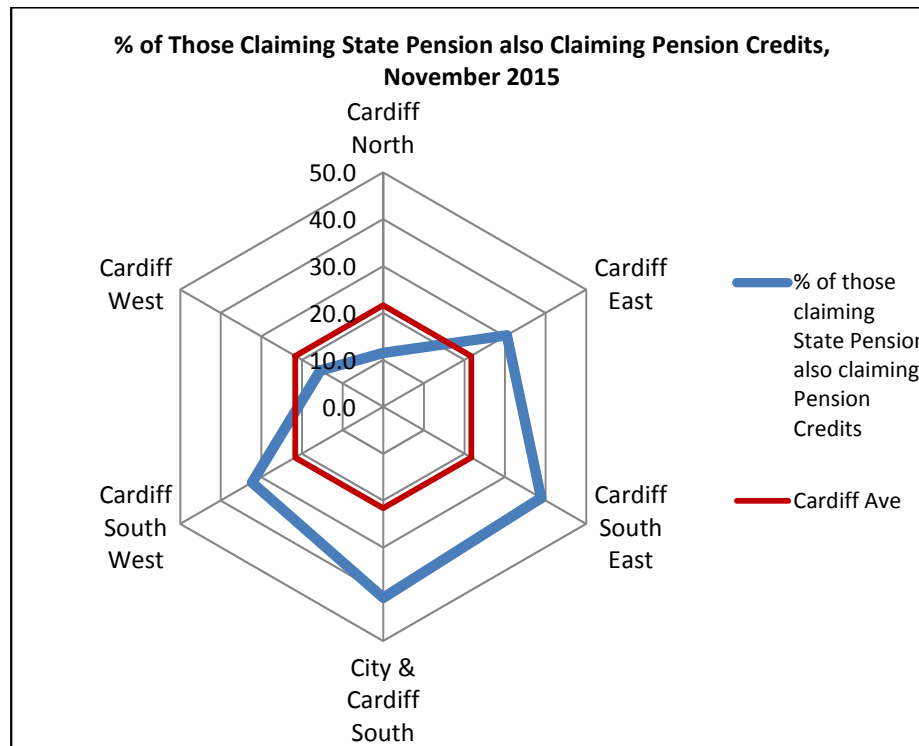


Source: Housing & Neighbourhood Renewal, Cardiff Council / 2014 Mid-Year Population Estimates, ONS

In December 2015, more than a fifth (21.8%) of those aged 65+ in Cardiff were claiming Housing or Council Tax Benefits. In Cardiff South East this figure was as high as 37.0%, closely followed by City & Cardiff South (36.2%). Over three-tenths of those aged 65+ in both Cardiff South West (32.3%) and Cardiff East (30.9%) were also claiming benefits of this type. The only areas below the city average were Cardiff North (11.8% - less than a third of the figures for City & Cardiff South and Cardiff South East), and Cardiff West (17.1%).

## State Pension & Pension Credits Claimants, November 2015

Pension Credits are a means-tested top up paid if total income from all sources falls below a certain level. In November 2015, over a fifth (21.6%) of those claiming State Pension in Cardiff were also claiming Pension Credits. This was above the figure for Wales as a whole of 19.0%, but was down from 23.3% for the same period in the previous year<sup>3</sup>.



Source: DWP, Nomis

<sup>3</sup> The percentages have been calculated using State Pension and Pension Credit figures that have been rounded to the nearest five.

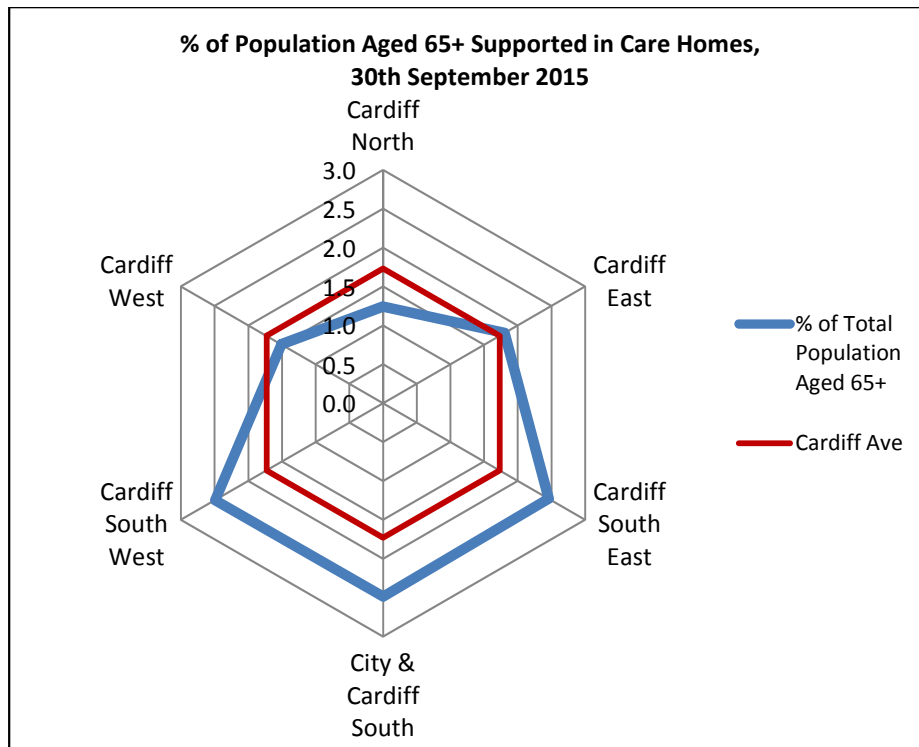
Across the city, this proportion varied more than three-fold from just over one-in-nine in Cardiff North (11.4%) to around two-fifths in City & Cardiff South (40.8%) and Cardiff South East (38.8%). Almost a third of State Pension claimants in Cardiff South West (32.3%) and Cardiff East (30.4%) were also claiming Pension Credits. Meanwhile, Cardiff West (15.5%) was the only area apart from Cardiff North with a proportion below the Cardiff average.

## Population Aged 65+ Supported in Care Homes by the Authority, 30th September 2015<sup>4</sup>

Information from Cardiff Council's Adult Services department shows that 1.7% (844 people) of Cardiff's population aged 65+ were being supported by the Authority in care homes at the end of September 2015.

Across the city this ranged from 1.2% in Cardiff North to 2.5% in Cardiff South East, City & Cardiff South and Cardiff South West. Cardiff West (1.5%) was the only other area, apart from Cardiff North, where this figure fell below the Cardiff average. The percentage in Cardiff East (1.8%), meanwhile, was just above that of the local authority as a whole.

<sup>4</sup> The address used is the last community address of service user. Numbers for Cathays and its population aged 65+ have been included in the calculations for both the Cardiff South East and City & Cardiff South figures. Addresses specified as out of county or unknown have been excluded.



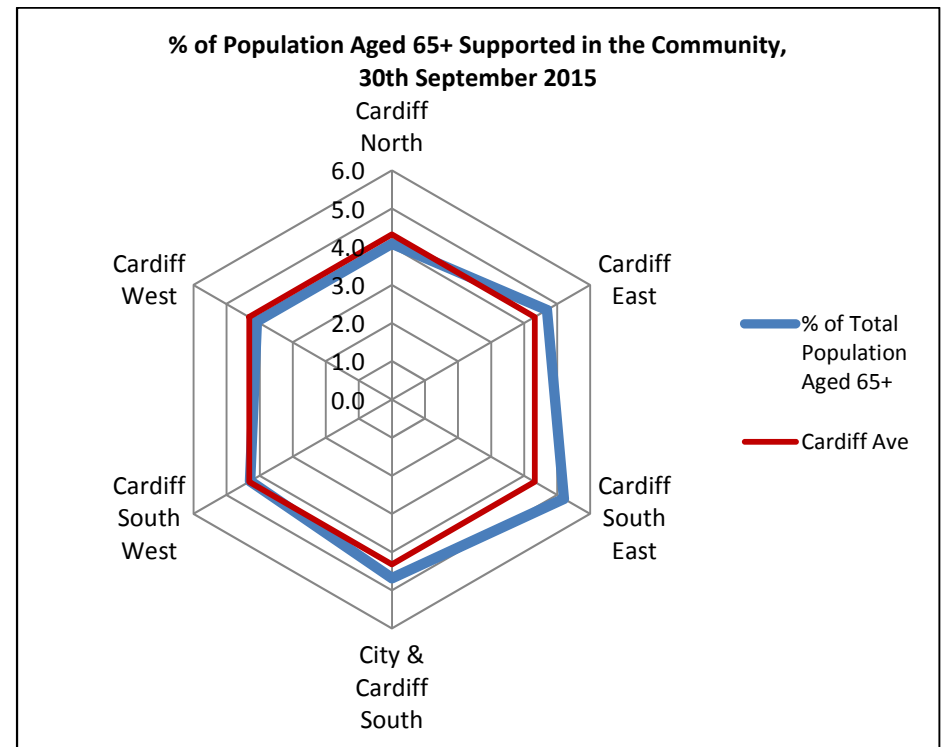
Source: Adult Services, Cardiff Council (PI SCA002b) / 2014 Mid-Year Population Estimates, ONS

### Population Aged 65+ Supported in the Community by the Authority, 30th September 2015<sup>5</sup>

At the end of September 2015, 4.3% (2,107 people) of Cardiff's population aged 65+ were being supported in the community by the Authority.

<sup>5</sup> The address used is service user's current domiciliary address. Numbers for Cathays and its population aged 65+ have been included in the calculations for both the Cardiff South East and City & Cardiff South figures. Addresses specified as out of county or no fixed abode have been excluded.

In Cardiff South East this percentage reached 5.2%, while Cardiff East (4.7%) and City & Cardiff South (4.7%) also exceeded the city average. In contrast, Cardiff North and Cardiff West had the joint lowest proportion of 4.1%<sup>6</sup>. Cardiff South West (4.3%), meanwhile, matched the overall figure for Cardiff.

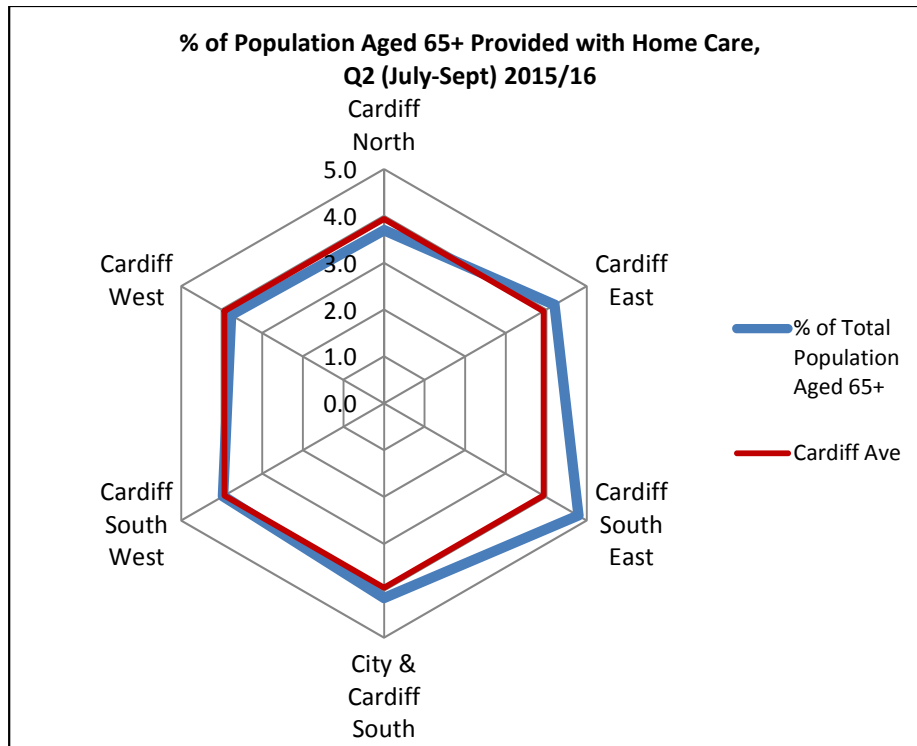


Source: Adult Services, Cardiff Council (PI SCA002a) / 2014 Mid-Year Population Estimates, ONS

<sup>6</sup> The number of service users in the Llanishen (Cardiff North) and Fairwater (Cardiff West) electoral wards are inflated by there being two large Extracare schemes (a type of supported accommodation) in those areas which boost the number by about 50 and 30 respectively.

## Population Aged 65+ Provided with Home Care by the Authority, during Q2 (July-Sept) 2015/16<sup>7</sup>

The percentage of the population aged 65+ in Cardiff that were provided with home care by the Authority between July and September 2015 was 3.9% (1,920 people).



Source: Adult Services, Cardiff Council (PI FCLI06) / 2014 Mid-Year Population Estimates, ONS

<sup>7</sup> The address used is service user's current domiciliary address. Numbers for Cathays and its population aged 65+ have been included in the calculations for both the Cardiff South East and City & Cardiff South figures. Addresses specified as out of county or no fixed abode have been excluded.

Once again Cardiff South East (4.8%) had the highest, and Cardiff North<sup>8</sup> (3.7%) the lowest, proportions across the neighbourhoods. As well as Cardiff South East, Cardiff East (4.2%), City & Cardiff South (4.2%) and Cardiff South West (4.0%) also exceeded the Cardiff average. In contrast, Cardiff West (3.8%) was the only area apart from Cardiff North to be below the Cardiff figure.

<sup>8</sup> The number of service users in the Llanishen (Cardiff North) and Fairwater (Cardiff West) electoral wards are inflated by there being two large Extracare schemes (a type of supported accommodation) in those areas which boost the number by about 50 and 30 respectively.